

October

2021

Strawberry Vale Out of Schoooooo! Scare!

Snacks

Beware of what you're eating this month. You could be in for a spook or a scare!

We wish everyone a happy fall-oween!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Grapes, cheese, crackers	2
3	4 Pork rinds or tortilla chips, salsa, cucumber, carrots	5 Turkey pepperoni, cheese, crackers, Celery, carrots	6 Watermelon, cookies	7 Snap peas, carrots, cheese, crackers	8 Pumpkin pie, whip cream, strawberries	9
10	11 Thanksgiving Day SVOSC Closed	12 Yogurt tubes, oranges, cookie	13 Chicken Cesar salad	14 Cantaloupe, cookies	15 Rice cakes, grapes, cheese	16
17	18 Granola bars, apples	19 Broccoli, cheese, crackers, turkey pepperoni	20 Bear paws and pineapple	21 Rice cakes, cream cheese, cucumber, carrots	22 Pro D Day Pumpkin pancakes Hot dogs, chips and pickles	23
24	25 Fruit salad, cookie	26 Macaroni salad, carrots, celery	27 Birthday ice cream treat, strawberries	28 Tortilla chips, salsa, carrots, cucumber	29 Pumpkin seeds, peanuts, choc. chip, cereal trail mix, apples	30
31						

*Please remember: snacks will sometimes change due to what's available or on-sale in stores and sometimes due to human error!